



## A TRUSTED AND QUALIFIED PROVIDER AND COMMUNITY PARTNER

Volunteers of America Texas is a human service organization dedicated to helping the vulnerable to reach their full potential through a **SHARED** mission:

**S**ubstance abuse treatment, recovery and youth prevention

**H**ousing **A**ssistance for seniors, veterans and persons with disabilities

**R**e-Entry Services for previously incarcerated individuals

**D**isabilities Services for individuals intellectual and developmental disabilities

We served more than 7,000 Texans each year and have been serving vulnerable Texans for more than 100 years.

[voatx.org](http://voatx.org)



**Addiction**

The opioid and addiction crisis is complex. Our **family-focused** treatment program **creates healthy moms and babies** and **keeps families together** to break the cycle of addiction.



[voatx.org](http://voatx.org)

**FIGHT**



# Family-focused recovery that works for moms and babies.



## THE VOLUNTEERS OF AMERICA MODEL FOR COMBATING MATERNAL ADDICTION

- A FAMILY-CENTERED CONTINUUM OF TREATMENT AND RECOVERY THAT KEEPS MOTHERS AND CHILDREN TOGETHER WHENEVER POSSIBLE.
- CARE INCLUDES RESIDENTIAL TREATMENT, INTENSIVE OUTPATIENT TREATMENTS AND ON-GOING RECOVERY SUPPORT.
- TRAUMA INFORMED PRACTICES AND PARENTING EDUCATION AND SUPPORT
- INTEGRATION OF BEHAVIORAL AND PHYSICAL HEALTH CARE, PSYCHOLOGICAL AND EMOTIONAL SAFETY AND SUPPORT
- CLOSE WORK WITH CHILD WELFARE SYSTEMS TO SUPPORT FAMILIES AND KEEP CHILDREN OUT OF FOSTER CARE IN EVERY POSSIBLE INSTANCE.
- PROVIDE A CONTINUUM OF SERVICES, INCLUDING HOUSING AND TRANSPORTATION SUPPORT AND EMPLOYMENT AND EDUCATION COUNSELING.
- PROVIDE MEDICATION-ASSISTED TREATMENT (MAT) WHEN APPROPRIATE AND IN CONJUNCTION WITH LICENSED MAT PROVIDERS.

## SOLUTIONS THAT WORK

AN INVESTMENT THAT SAVES MONEY BY REDUCING DAYS IN INTENSIVE CARE, COSTS OF DRUG OVERDOSES, AND THE MASSIVE EXPENSE OF MORE CHILDREN IN THE CHILD WELFARE SYSTEM.

- ENGAGEMENT AND ACCESS TO TREATMENT AT CRISIS POINT
- KEEPING NEWBORNS WITH MOTHERS
- FAMILY-FOCUSED TREATMENT
- GENDER-SPECIFIC AND TRAUMA-INFORMED TREATMENT
- INDIVIDUAL, GROUP AND FAMILY THERAPY
- INTENSIVE OUTPATIENT AND OUTPATIENT PROGRAMS
- MEDICATION-ASSISTED TREATMENT
- COORDINATION WITH HEALTH, OBSTETRICAL, PEDIATRIC AND PSYCHIATRIC CARE
- COLLABORATION WITH CHILD WELFARE SERVICES
- LIFE SKILLS CLASSES
- TWO-GENERATIONAL CARE